

L'Alba D'Oro and Anima - Product Allergen Information

DISH	Celery	Cereals (gluten)	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame	Soya	Sulphites
L'ALBA D'ORO														
FISH														
Fish (Haddock)	X	X wheat		X	X		X		X				X	X
Special Fish (Haddock)	X	X wheat		X	X		X		X				X	X
Special Romana (Haddock)	X	X wheat		X	X		X		X				X	X
Breaded Scampi Tails		X wheat	X											
Fish Cake		X wheat			X		X		X					
Smoked Haddie Fish Cake		X wheat			X		X		X					
Hot & Spicy Prawns		X wheat	X				X		X					
Salt & Pepper Squid	X	X wheat						X					X	
CHICKEN														
Chicken Breast Bites		X wheat												
Hot & Spicy Chicken Fillets		X wheat												
Southern Fried Chicken Fillets	X	X wheat							X					
SAUSAGES & BURGERS														
Jumbo Smoked Sausage														
Pork Sausage	X	X wheat		X			X		X				X	X
Hamburger	X	X wheat		X			X		X				X	X
Cheeseburger	X	X wheat		X			X		X				X	X
PUDDINGS & PIES														
White Pudding	X	X wheat		X			X		X				X	X
Black Pudding	X	X wheat/barley		X			X		X				X	X
Haggis	X	X wheat/oats		X			X		X				X	X
Steak Pie		X wheat					X						X	
DEEP-FRIED PIZZA														
Cheese & Tomato	X	X wheat		X			X		X				X	X
SIDE PORTIONS														
Jalapeno Poppers		X wheat		X			X							
Mozzarella Sticks		X wheat					X						X	
Halloumi Fries	X	X wheat		X			X		X				X	X
Onion Rings		X wheat												
Savoury Mushrooms	X	X wheat		X			X		X				X	X
Savoury Cauliflower	X	X wheat		X			X		X				X	X
Large Chips Box														
Small Chips Box														
Scots Chip Buttie		X wheat					X					X		
Buttered Bap		X wheat					X					X		
CONDIMENTS														
Homemade Chunky Tartare Sauce				X										
Homemade Pickled Red Onions														
Cheese Pot							X							
Curry Pot		X wheat							X					
Brown Sauce		X wheat												
Vinegar		X barley												
Ketchup	X													

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Pickled Egg		X barley		X										
Pickled Onion														X

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ANIMA														
PIZZA														
Classica		X wheat					X						X	
Mammìna	X	X wheat					X						X	
Sangue Blu		X wheat					X						X	
Biancaneve		X wheat					X						X	
Masseria		X wheat					X						X	
Rusticana		X wheat					X						X	
Etna		X wheat					X						X	
Miramare		X wheat			X		X						X	
Primavera		X wheat					X						X	
Amalfitana		X wheat			X		X						X	
Agriturismo		X wheat					X						X	
Inferno		X wheat					X						X	
Anima Mia		X wheat		X			X			X cashew/pine			X	
Garlic Pizza		X wheat					X						X	
PASTA														
Pomodoro		X wheat											X	
Piccanti		X wheat											X	
Bolognese	X	X wheat											X	X
Terreno		X wheat					X						X	
Pollastro		X wheat		X			X			X cashew/pine			X	
La Carbonara		X wheat		X			X						X	
Puttanesca		X wheat			X								X	
Lombardo		X wheat					X						X	
Romana		X wheat					X						X	
Diavola		X wheat											X	
PASTA TYPE														
Spaghetti		X wheat												
Penne		X wheat												
Wholegrain		X wheat												
CHEESE OPTION														
Parmesan				X			X							
Mozzarella							X							
CYO PASTA SAUCES														
Pomodoro														
Piccanti														
Cream							X							
Pesto				X						X cashew/pine				
Bolognese	X													X
Cream and Tomato							X							
Pesto Tomato				X			X			X cashew/pine				
Pesto Cream				X			X			X cashew/pine				

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TOPPINGS														
<i>Sauce</i>														
Traditional Tomato														
Garlic Tomato														
Chilli Tomato														
Pesto Tomato				X			X			X cashew/pine				
Bolognese	X													X
<i>Cheese</i>														
Fior di Latte							X							
Fresh Mozzarella							X							
Gorgonzola							X							
Parmesan Shavings				X			X							
Pecorino Romano							X							
<i>Fish</i>														
Anchovies					X									
Tuna					X									
<i>Vegetables</i>														
Artichokes														
Kalamata Olives														
Onions														
Red Onions														
Jalapenos														
Peppers														
Grilled Peppers														
Fresh Chilli Peppers														
Pineapple														
Rocket														
Capers														
Cherry Tomatoes														
Marinated Cherry Tomatoes														
Sun-Dried Tomatoes														
Sweetcorn														
Mushrooms														
Wild Mushrooms														
<i>Meat</i>														
Smoked Pancetta														
Roast Chicken														
Chorizo														
Roast Ham														
Parma Ham														
Nduja														
Salami Napoli							X							
Salsiccia Piccante														
Ventricina														
Fresh Homemade Sausage														

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SIDES														
Salted Skinny Fries														
Parmesan Skinny Fries				X			X							
Skinny Fire Fries				X			X							
Spicy Chicken Dippers		X wheat												
Baby Arancini		X wheat		X			X						X	
Mozza Sticks		X wheat					X						X	
Garlic Bread Portion		X wheat					X						X	
Cheesy Garlic Bread Portion		X wheat					X						X	
Bruschetta		X wheat					X						X	
SALADS														
Side Salad														
Gourmet Salad							X							
Chicken Caesar Deluxe Salad		X wheat/barley		X			X						X	
DESSERTS														
Dime Bar Cake		X wheat/barley		X			X			X almonds			X	
New York Cheesecake		X wheat		X			X						X	
Raspberry & White Choc Cheese Brulee		X wheat		X			X						X	
Oreo Cookie Bash		X wheat		X			X			X almonds			X	
CONDIMENTS														
Dunking Dip - Frank's Hot Sauce				X										
Dunking Dip - Garlic Mayo				X										
Dunking Dip - Pizza Salsa														
Garlic Butter							X						X	
Mayonnaise				X										
Caesar Dressing		X wheat/barley		X			X						X	
Olive Oil and Balsamic														X
Pesto				X			X			X cashew/pine				