L'Alba D'Oro - Product Allergen Information

All information presented is to the best of our knowledge, based on information provided by our suppliers. Updated 17/11/2026.

Product	Celery	Cereals (gluten)	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame	Soya	Sulphites
FISH														
Fish (Haddock)		X wheat			X				X				X	
Wee Fish (Haddock)		X wheat			X				X				X	
Special Fish (Haddock)	X	X wheat			X		X		X				X	
Special Romana (Haddock)	X	X wheat			X		X		X				X	
Breaded Scampi Tails		X wheat	X											
Salt & Pepper Squid		X wheat						X					X	
Hot & Spicy Prawns		X wheat	X											
Fish Cakes		X wheat			X		X							
CHICKEN														
Southern Fried Chicken Fillets	X	X wheat							X				X	
Chicken Breast Bites		X wheat												
Hot & Spicy Chicken Fillets		X wheat												
SAUSAGES & BURGERS														
Jumbo Smoked Pork Sausage														
Battered Pork Sausage		X wheat							X				X	X
Hamburger	X	X wheat							X				X	X
PUDDINGS & PIES														
White Pudding		X oatmeal												
Black Pudding		X wheat/oatmeal							X				X	
Haggis		X wheat/oatmeal							X				X	
Steak Pie	X	X wheat					X							
CHIPS														
Large Chips Box														
Small Chips Box														
Skinny Fries														
SIDES														
Halloumi Fries		X wheat					X							
Mozzarella Sticks		X wheat					X							
Jalapeno Poppers		X wheat					X							
Onion Rings		X wheat												
Savoury Mushrooms		X wheat							X				X	
Savoury Cauliflower		X wheat							X				X	
Pizza Crunch		X wheat					X		X				X	
SAUCES & CONDIMENTS														
Curry Sauce Pot		X wheat							X					
Cheddar Cheese Pot							X							
Homemade Chunky Tartare Sauce				X					X					
Dunking Dip Pot: Homemade Garlic Mayo				X					X					
Dunking Dip Pot: Homemade Frank's Hot Sauce Mayo				X					X					
Sweet Chilli Dip														
Chippy Brown Sauce Tub		X wheat												
Heinz Squeezeme Sachet: Mayonnaise				X					X					
Heinz Squeezeme Sachet: Tomato Ketchup	X													
Just Tomato Ketchup														
Malt Vinegar Sachet		X barley												
Pickled Onion														X
Pickled Egg				X										
Heinz Tomato Ketchup Bottle	X													

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Chippy Brown Sauce Bottle (Small)		**X** wheat												
Chippy Brown Sauce Bottle (Large)		**X** wheat												
Sarsons Malt Vinegar Bottle		**X** barley												
ICE CREAM: PORRELLI'S ITALIAN GELATO														
Traditional Vanilla							**X**							
Strawberry							**X**							
Raspberry Ripple							**X**							
Belgian Chocolate							**X**						**X**	
Mint Chocolate							**X**						**X**	
Hazelnut & Chocolate Swirl							**X**			**X** hazelnut			**X**	
ALCOHOL-FREE BEER														
Moretti Zero (330ml)		**X** barley												

Notes

Batter flour blend contains Wheat, but may contain traces of Mustard and Soya. Therefore, all products in batter are listed as containing Wheat, Mustard and Soya.

Free condiments: Malt vinegar, chippy sauce and tomato ketchup; see Sarsons Malt Vinegar Bottle, Chippy Brown Sauce Tub and Just Tomato Ketchup.

Porrelli's Italian Gelato may contain traces of tree nuts, peanuts, sesame and egg.